

# Salsa del alma Kursplan Februar 2026

Anfänger  
 Body Control (Solo)

Salsa Cubana  
 Body Iso. Fusion (Solo)  
 Bachata

Salsa On1  
 Footwork (Solo)  
 Teens 10-17j

Salsa Clubs  
 Geschlossenes Training

Lady Styling (Solo)

| Zeit  | Montag          |               | Dienstag        |                | Mittwoch        |                | Donnerstag      |                | Freitag         |                | Samstag        | Sonntag         |                |
|-------|-----------------|---------------|-----------------|----------------|-----------------|----------------|-----------------|----------------|-----------------|----------------|----------------|-----------------|----------------|
|       | Saal 1<br>Saal  | Saal2<br>Saal | Saal 1<br>Saal  | Saal 2<br>Saal | Saal 1<br>Saal  | Saal 2<br>Saal | Saal 1<br>Saal  | Saal 2<br>Saal | Saal 1<br>Saal  | Saal 2<br>Saal | Saal 1<br>Saal | Saal 1<br>Saal  | Saal 2<br>Saal |
| 11:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 11:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 11:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 11:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 12:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 13:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 13:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 13:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 13:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 14:00 | 14-15 Uhr Pause |               | 14-15 Uhr Pause |                | 14-15 Uhr Pause |                | 14-15 Uhr Pause |                | 14-15 Uhr Pause |                |                | 14-15 Uhr Pause |                |
| 15:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 15:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 15:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 15:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 16:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 16:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 16:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 16:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 17:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 17:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 17:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 17:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 18:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 18:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 18:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 18:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 19:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 19:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 19:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 19:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 20:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 20:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 20:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 20:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 21:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 21:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 21:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 21:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 22:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 22:15 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 22:30 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 22:45 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |
| 23:00 |                 |               |                 |                |                 |                |                 |                |                 |                |                |                 |                |

(FR) = Freiwillige Rotation

Änderungen vorbehalten!